

Korean Journal of Anesthesiology

Changes in cerebral oxygen saturation and early postoperative cognitive function after laparoscopic gastrectomy: a comparison with conventional open surgery

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Background: Laparoscopic gastrectomy requires a reverse-Trendelenburg position and prolonged pneumoperitoneum and it could cause significant changes in cerebral homeostasis and lead to cognitive dysfunction. We compared changes in regional cerebral oxygen saturation (rSO₂), early postoperative cognitive function and hemodynamic variables in patients undergoing laparoscopic gastrectomy with those patients that underwent conventional open gastrectomy.

Methods: Sixty patients were enrolled in this study and the patients were distributed to receive either laparoscopic gastrectomy (laparoscopy group, n = 30) or open conventional gastrectomy (open group, n = 30). rSO₂, end-tidal carbon dioxide tension, hemodynamic variables and arterial blood gas analysis were monitored during the operation. The enrolled patients underwent the mini-mental state examination 1 day before and 5 days after surgery for evaluation of early postoperative cognitive function.

Results: Compared to baseline value, rSO_2 and end-tidal carbon dioxide tension increased significantly in the laparoscopy group after pneumoperitoneum, whereas no change was observed in the open group. No patient experienced cerebral oxygen desaturation or postoperative cognitive dysfunction. Changes in mean arterial pressure over time were significantly different between the groups (P < 0.001).

Conclusions: Both laparoscopic and open gastrectomy did not induce cerebral desaturation or early postoperative cognitive dysfunction in patients under desflurane anesthesia. However, rSO₂ values during surgery favoured laparoscopic surgery, which was possibly related to increased cerebral blood flow due to increased carbon dioxide tension and the effect of a reverse Trendelenburg position.

Key Words: Cerebral oxygen saturation, Laparoscopic gastrectomy, Postoperative cognitive function.

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Received: July 22, 2015. Revised: 1st, September 1, 2015; 2nd, September 16, 2015. Accepted: September 21, 2015.

Korean J Anesthesiol 2016 February 69(1): 44-50 http://dx.doi.org/10.4097/kjae.2016.69.1.44

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Introduction

Postoperative cognitive impairment is an important issue because of its effects on health related quality of life and health economics. Although many benefits, such as, less postoperative pain, faster recovery, shorter hospital stay, and others, have been reported for laparoscopic procedures as compared with conventional open procedures, limited information is available regarding effects of cerebral function. Gameiro et al. [1] inferred more beneficial neuropsychological outcomes after laparoscopic colon surgery in terms of postoperative mood and neuropsychological and serum biochemical parameters than after open colon surgery. However, Gipson et al. [2] found significant decreases in cerebral oxygenation, which have been shown to be correlated with neurocognitive changes, following 10–12 mmHg of pneumoperitoneum in some patients.

Laparoscopic gastrectomy requires a reverse-Trendelenburg position and prolonged pneumoperitoneum for a good surgical view and smooth surgical manipulation. However, since elevated thoracoabdominal pressure disturbs cerebral venous drainage and CO₂ absorption dilates cerebral vessels and increases cerebral blood volume [3], it could cause significant changes in cerebral homeostasis and lead to cognitive dysfunction. Furthermore, the 20° reverse-Trendelenburg position has been reported to decrease the concentration of cerebral oxy-hemoglobin and total hemoglobin during laparoscopic cholecystectomy [4]. In addition, such changes in intracranial pressure, cerebral perfusion, and oxygenation lead to longer recovery and impaired cognitive function [5]. In this study, we hypothesized that there might be a changes in regional cerebral oxygen saturation (rSO_2) during laparoscopic gastrectomy and subsequent changes in postoperative cognitive function as compared with conventional open gastrectomy. Therefore, we compared changes in rSO_{2} , hemodynamic variables, arterial blood gas analysis and early postoperative cognitive function, as measured by the minimental state examination (MMSE), in patients that underwent laparoscopic gastrectomy and compared these with changes in patients that underwent conventional open gastrectomy.

Materials and Methods

After obtaining approval from the Institutional Review Board of our institution, written informed consent was obtained from eligible participants. Sixty adult patients, American Society of Anesthesiologists physical status class I or II, aged 25 to 70 years undergoing gastrectomy were enrolled in this study. Between May 2012 and November 2013, patients who underwent laparoscopic or open gastrectomy were enrolled in this prospective study as a sequential manner until the 30 subjects were recruited in each group. Patients with morbid obesity (body mass index > 30 kg/m²) or cerebrovascular disease, severe chronic obstructive pulmonary disease, active airway infection or history of obstructive airway reaction were excluded. The patients were distributed to one of two groups either laparoscopic gastrectomy (laparoscopy group, n = 30) or open conventional gastrectomy (open group, n = 30) according to previous decisions made by a medical team, and therefore, they were not randomized. The enrolled patients underwent MMSE 1 day before (baseline) and 5 days after surgery. MMSE was accessed by the senior trainee who did not know about the patient's group. Postoperative cognitive dysfunction was defined as a reduction of MMSE scores more than 2 points of baseline.

All patients received glycopyrrolate (0.2 mg) and midazolam (0.05 mg/kg) intramuscularly as premedication 1 h before anesthesia induction. On arrival at the operation room, a pulse oximeter, non-invasive blood pressure, and an electrocardiograph were applied. Anesthesia was induced with propofol (1.5–2.0 ml/kg), rocuronium (0.6 mg/kg), and alfentanil (15 μ g/kg). After tracheal intubation, anesthesia was maintained with desflurane at 5–7 vol% in 60% oxygen in air to maintain a bispectral index (BIS) score between 40 and 60 (BIS vista monitor revision 3.0; Aspect Medical Systems, Norwod, MA, USA). After anesthetic induction, a 20 G radial arterial catheter was inserted for continuous arterial monitoring and sampling. Esophageal temperature was measured during operative procedures, and rSO₂ was monitored using cerebral oximeter sensors (INVOS 5100; Somanetics Corporation, Troy, MI, USA) on both frontotemporal areas.

Lungs were ventilated at a tidal volume of 8 ml/kg at a respiratory rate of 8–14 breaths/min to maintain an end-tidal carbon dioxide concentration (ETCO₂) of 30–35 mmHg. No external positive end-expiratory pressure (PEEP) was applied. Immediately after CO₂ insufflation, patient position was changed from supine to a 20° reverse-Trendelenburg position. Intra-abdominal pressure was maintained at 12–15 mmHg during laparoscopy.

Hemodynamic variables, ETCO₂ and rSO₂ were monitored continuously and recorded before anesthesia induction (pre-IND), 10 min after anesthesia induction (IND, baseline value), and immediately, 10, 20, 30, 40, and 50 min after CO₂ insufflation in the laparoscopy group or opening the peritoneum in the open group (T0, T10, T20, T30, T40, and T50, respectively), and at the end of surgery (END). Cerebral desaturation was defined as a reduction of rSO₂ < 75% of baseline for \geq 15 seconds. Arterial blood gas parameters were measured at 10 min after anesthesia induction in the supine position (IND), at 30 minutes after pneumoperitoneum or peritoneal opening (T30), at the end of surgery (END), and at 30 minutes after arrival in the postanesthetic care unit.

To calculate sample sizes, we used previously reported mean and standard deviation (SD), which were 70.7% and 6.2, respectively, at 30 min after pneumoperitoneum in the Trendelenburg position [6]. To detect the mean intergroup difference of 5% in rSO_2 values, 25 patients per group were required for an α -error of 0.05 and a power of 80%. Considering possible dropouts, 30 patients were recruited in per group.

SPSS 17.0 (SPSS Inc., Chicago, IL, USA) was used for the statistical analyses. Normal distribution of data was tested using Kolmogorov-Smirnov tests. The Chi-square test or the independent t-test was used to compare data between the two groups or subgroup analysis of MMSE ($\geq 60 \text{ vs.} < 60 \text{ yr}$) as appropriate. Hemodynamic variables, ETCO₂, and rSO₂ at each time point were compared using t-test. Changes in hemodynamic variables, ETCO₂, and rSO₂ at each time point were time between the groups were compared using repeated measures ANOVA and, if Mauchly's sphericity test statistic was significant, Greenhouse-Geisser (if $\varepsilon > 0.75$) or Huynh-Feldt (if $\varepsilon < 0.75$) correction was used. Post-hoc comparison within the group was performed using Bonferroni's test [7]. Values are expressed as means ± SD, median [Q₁–Q₃] or as numbers of patients, and P values of < 0.05 were considered statistically significant.

Results

Thirty patients were initially enrolled in each group, but two patients in the open group were excluded from the analysis due to changes in operative plan due to diffuse dissemination of cancerous tissue or the incidental detection of another lesion.

Patients' characteristics and peri-operative data are listed in Table 1. No intergroup differences were observed between patients' characteristics. Fluid balances during operative pro-

Table 1. Patient Characteristics and Perioperative Data

cedures were significantly different in the two groups. Total infused volume of crystalloid (P = 0.049), colloid (P = 0.004), and urine output (P = 0.009) were significantly larger in the open group. Estimated blood loss was also significantly larger in the open group (P = 0.010).

MMSE scores at preoperatively and at 5 days postoperatively were similar between groups (P = 0.939 and P = 0.562) and education levels were similar between groups (P = 0.897) (Table 2). Twenty five of the recruited patients were over 60 years old and MMSE scores were significantly different for young (age < 60 yr) and old (age \geq 60 yr) patients preoperatively (P = 0.001) and postoperatively (P = 0.005) with differences of education levels (P = 0.036) (Table 3). No case of postoperative cognitive dysfunction (defined as a reduction of baseline score > 2 points) was encountered.

Changes in hemodynamic variables, ETCO₂, and rSO₂ are

 Table 2. Mini-mental State Examination and Education Levels between

 Laparoscopy and Open Group

Variables	Laparoscopy (n = 30)	Open (n = 28)	P value
Mini-mental state examination			
Preoperative	28 [26-29]	28 [26-30]	0.939
Postoperative 5 day	29 [27-30]	29 [27-30]	0.562
Education level			
0–6 yr of schooling	8	6	0.897
7–9 yr of schooling	6	6	
Over 10 yr of schooling	16	16	

Values are median $[Q_1-Q_3]$ or number of patients.

Variables	Laparoscopy (n = 30)	Open (n = 28)	P value
Age (yr)	56 ± 10	57 ± 11	0.796
Weight (kg)	64 ± 10	64 ± 12	0.977
Height (cm)	166 ± 7	167 ± 6	0.518
Gender (M/F)	23 / 7	23/5	0.607
Hypertension (n)	10	15	0.185
Diabetes mellitus (n)	4	5	0.454
Operation time (min)	203 [147-232]	213 [191–250]	0.151
Pneumoperitoneum time (min)	118 [78–180]	-	
Total infused fluid			
Crystalloid (ml)	1000 [700-1300]	1200 [900-1500]	0.049
Colloid (ml)	600 [450-700]	700 [600–1000]	0.004
Urine output (ml)	128 [89–203]	200[130-350]	0.009
Estimated blood loss (ml)	300 [175-500]	500 [350-500]	0.010
Pre-induction variables			
Mean arterial pressure (mmHg)	102 ± 11	107 ± 14	0.114
Heart rate (beats/min)	68 ± 15	71 ± 14	0.358
Regional cerebral oxygen saturation (%)	68 ± 6	65 ± 8	0.168

Values are means \pm SD, medians $[Q_1-Q_3]$ or number of patients.

illustrated in Fig. 1. All variables had normal distributions (all P > 0.05). Mean arterial blood pressure (MAP) was significantly higher in the laparoscopy group than in open group at T0, 10, 20, 30 and the end of surgery. In MAP, Mauchly's test was not significant (χ^2 [27] = 54.1, P = 0.17) and the change in MAP over time differed significantly between the groups (F[7, 364] = 4.2,

 Table 3. Mini-mental State Examination and Education Levels between

 Young and Old Aged

Variables	Young (n = 33)	Old (n = 25)	P value
Mini-mental state examination			
Preoperative	28 [27-29]	27 [25-28]	0.001
Postoperative 5 day	29 [28-30]	27 [27-29]	0.005
Education level			
0–6 yr of schooling	5	9	0.036
7–9 yr of schooling	5	7	
Over 10 yr of schooling	23	9	

Values are median $[Q_1-Q_3]$ or number of patients. Young: age < 60 years, Old: age \ge 60 years.

P < 0.01). As compared with baseline (IND), MAP decreased after peritoneal opening in the open group and increased after pneumoperitoneum in the laparoscopy group. ETCO₂ was significantly higher in the laparoscopy group than open group at T10-50. In ETCO₂, Mauchly's test was significant (χ^2 [27] = 0.00, P < 0.01) and the change in ETCO₂ over time differed significantly between the groups (F[3.8, 195] = 16.6, P < 0.01). Compared to baseline values, ETCO₂ was significantly increased after peumoperitoneum in the laparoscopy group. rSO₂ was significantly higher in the laparoscopy group than in open group at T30, 40, and 50. In rSO₂, Mauchly's test was significant (χ^2 [27] = 0.00, P < 0.01) and the change in rSO₂ over time differed significantly between the groups (F[4.1, 212] = 4.0, P = 0.003). No patient experienced cerebral oxygen desaturation (≤ 75% of baseline) at any time.

Arterial blood gas analysis results are summarized in Table 4. Higher $PaCO_2$ and HCO_3^- (P = 0.001 and P = 0.037, respectively) with lower pH (P < 0.001) were obtained in the laparoscopy group than in the open group at 30 min after pneumoperitoneum. Hematocrit was higher in the laparoscopy group than in



Fig. 1. Changes in mean arterial pressure, heart rate, end-tidal carbon dioxide tension, and regional cerebral oxygen saturation in the laparoscopy (\circ) and open (\bullet) groups. Error bars are SDs. IND: 10 min after anesthesia induction, T0: immediately after CO₂ insufflation in the laparoscopy group or peritoneal opening in the open group, T10–50: 10–50 min after CO₂ insufflation in the laparoscopy group or peritoneal opening in the open group, T10–50: 10–50 min after CO₂ insufflation in the laparoscopy group or peritoneal opening in the open group, END: end of operation, MAP: Mean arterial blood pressure, HR: heart rate. *P < 0.05 vs. open group, [†]P < 0.05 vs. IND within the group.

Table 4. Arterial Blood Gas Analysis

		IND	T30	END	PACU
pН	Laparoscopy	7.48 ± 0.04	$7.42 \pm 0.04*$	7.44 ± 0.05	7.40 ± 0.06
	Open	7.48 ± 0.04	7.47 ± 0.04	7.44 ± 0.04	7.39 ± 0.05
PaCO ₂ (mmHg)	Laparoscopy	35 ± 3	$40 \pm 4^*$	36 ± 4	40 ± 6
	Open	34 ± 4	35 ± 6	36 ± 4	40 ± 8
PaO_2 (mmHg)	Laparoscopy	273 ± 53	270 ± 50	291 ± 46	182 ± 58
	Open	280 ± 45	243 ± 62	267 ± 45	186 ± 75
HCO_3^- (mmol/L)	Laparoscopy	26 ± 3	27 ± 3*	25 ± 2	25 ± 2
	Open	26 ± 2	25 ± 2	25 ± 2	24 ± 2
Lactate (mmol/L)	Laparoscopy	0.8 ± 0.5	1.0 ± 0.6	1.5 ± 0.9	1.7 ± 0.9
	Open	0.8 ± 0.3	1.0 ± 0.4	1.5 ± 1.0	1.7 ± 1.3
Hematocrit (%)	Laparoscopy	39 ± 4	39 ± 5*	35 ± 5	39 ± 5
	Open	37 ± 6	36 ± 5	33 ± 5	37 ± 5

Values are means \pm SD. IND: 10 min after anesthesia induction, T30: 30 min after CO₂ insufflation in the laparoscopy group or peritoneal opening in the open group, END: end of operation, PACU: 30 minutes after arriving in the post-anesthetic care unit. *P < 0.05 vs. open group.

the open group at 30 min after pneumoperitoneum (P = 0.037).

Discussion

This study demonstrated laparoscopic surgery in the reverse Trendelenburg position shows higher rSO₂ levels, ETCO₂ levels, and higher MAP during pneumoperitoneum, and higher postoperative hematocrit levels than conventional open gastrectomy. However, neither modality was associated with postoperative cognitive dysfunction.

Mild head elevation of less than 30 degree had been known to reduce intracranial pressure, increase cerebral perfusion pressure, and maintain cardiac output with little change in MAP [8,9]. In addition, an elevated PaCO₂ levels is known to increase cerebral blood flow and decrease cerebral metabolic rate for oxygen [10,11]. In this study, the higher rSO₂ observed in the laparoscopy group could be explained in part by higher cerebral blood flow due to elevated ETCO₂ and PaCO₂ levels during pneumoperitoneum in the reverse Trendelenburg position [12].

rSO₂ estimates brain tissue oxygenation by detecting the relative absorptions of non-oxygenated and oxygenated hemoglobin, and thus, reflects changes in the balance between oxygen delivery and consumption in the brain [13]. Kitajima et al. [4] demonstrated that cerebral oxyhemoglobin and total hemoglobin, measured by near infrared laser spectroscopy, decrease significantly in the head up position and remained low after a return to the supine position and at the end of laparoscopic cholecystectomy surgery. Although we did not measure values for cerebral oxy- and total hemoglobin directly, the consistent rSO₂ values obtained indicated that no deleterious reduction in oxyhemoglobin occurred in our patients in either group. In addition, hematocrit was significantly higher in the laparoscopy group than in the open group ($39\% \pm 5\%$ vs. $36\% \pm 5\%$, P = 0.037) and estimated blood loss during operation was lower.

Previous reports have demonstrated that pneumoperitoneum induces hemodynamic changes [14,15]. Neuroendocrine changes induced by pneumoperitoneum lead to MAP increases [16]. We found an increase in MAP during pneumoperitoneum and a decrease during peritoneal opening in the open group, which may have contributed to the higher rSO₂ levels observed in the laparoscopy group.

The risk of cognitive impairment has been associated with several perioperative factors [17-19], for example, general versus regional anesthesia, major versus minor surgery, and old age have been reported increase the risk of postoperative cognitive dysfunction [17-21]. In a previous study in 18056 participants reported that MMSE is varies within the population by age and education level [22]. We also found significantly lower MMSE scores in patient aged ≥ 60 years with low education levels, regardless of the operative procedure used. rSO₂ is closely correlated with cognitive decline after major abdominal surgery in the elderly [23]. In the present study, we included patient's ages under 70 years without an uncontrolled co-morbidity, and no patient experienced cerebral oxygen desaturation or cognitive dysfunction, which does not concur with previous reports, in which the incidence of postoperative cognitive dysfunction was found to be 36%-41% in older patients [24,25]. This discrepancy suggests that underlying co-morbidity rather than age per se influences postoperative cognitive dysfunction. In a comparison of the effects of anesthetic agents on early postoperative cognitive dysfunction [25-27], desflurane was favoured to sevoflurane and propofol. In the present study, we selected desflurane for anesthetic maintenance and this might have contributed to our result.

In the present study, we did not investigate the effects of pneumoperitoneum and of reverse Trendelenburg position on cerebral blood flow, which would have allowed use to determine their independent hemodynamic and cerebral effects. In addition, we excluded patients at high-risk group of cognitive impairment, such as, those aged > 70 years, those with an uncontrolled comorbidity, and the obesity, which restricts the generalization of our findings. The present study was not a randomized and double-blinded study because patients were treated with laparoscopy or laparotomy according to the decision of the medical team, which was one of limitations of the study.

In conclusion, both open and laparoscopic gastrectomy did not induce cerebral desaturation or early postoperative cognitive dysfunction in patients under desflurane anesthesia. However, rSO₂ values during surgery favoured laparoscopic surgery, which was possibly related to increased cerebral blood flow due to increased PaCO₂ and positional effects.

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