### In vivo tracking of intravenously injected mesenchymal stem cells in an Alzheimer's animal model

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### Abstract

**Purpose:** The purpose of this study was to investigate how intravenously injected bone marrow-derived mesenchymal stem cells (BMSCs) are distributed in the body of an Alzheimer's disease (AD) animal model. **Methods:** Stem cells were collected from bone marrow of mice and labeled with Indium-III (<sup>111</sup>In). The <sup>111</sup>In-labeled BMSCs were infused intravenously into  $3 \times Tg$ -AD mice in the AD group and non-transgenic mice (B6129SF2/J) as controls. Biodistribution was evaluated with a gamma counter and gamma camera 24 and 48 h after injecting the stem cells. **Results:** A gamma count of the brain showed a higher distribution of labeled cells in the AD model than in the control group at 24 (p = .0004) and 48 h (p = .0016) after injection of the BMSCs. Similar results were observed by gamma camera imaging (i.e., brain uptake in the AD model was significantly higher than that in the control group). Among the other organs, uptake by the spleen was the highest in both groups. More BMSCs were found in the lungs of the control group than in those of the AD group. **Conclusions:** These results suggest that more intravenously infused BMSCs reached the brain in the AD model than in the control group, but the numbers of stem cells reaching the brain was very small.

### Keywords

Mesenchymal stem cells, Alzheimer's disease, biodistribution, cell tracking

### Introduction

Alzheimer's disease (AD) is clinically characterized by memory loss and progressively impaired learning capacity<sup>1,2</sup>. More patients with AD are expected in an aging society<sup>3</sup>, so there are concerns about the socioeconomic problems caused by AD. However, current medications for AD have poor efficacy and side effects<sup>4,5</sup>, so efforts are underway to find new promising therapies.

Therapy using mesenchymal stem cells (MSCs), which can produce a variety of neurotrophic factors and cytokines<sup>6–8</sup>, has received attention as an important tool to treat various degenerative neurological diseases. In particular, bone marrow-derived MSCs (BMSCs) are relatively free from immune and ethical problems for clinical application<sup>9–11</sup>. The ultimate goal for stem cell therapy in patients with a neurological disease is recovery of clinical function, which must be initiated by stem cells successfully reaching the host brain. Therefore, studying the tracking and biodistribution of MSCs is important to ensure the safety and efficacy of MSC therapy.

Various labeling methods, including green fluorescent vital dyes, luciferase, iron particles, and radioactivity labeling, have been attempted for tracking MSCs in previous studies<sup>12–17</sup>. Of these, radioactivity labeling is a clinically friendly method with the advantage of in vivo imaging. Actually, several previous studies have tracked cells using indium-111 (<sup>111</sup>In) with a relatively long life of 2.80 days in various diseases<sup>15,18–21</sup>.

Stem cell therapy via the intravenous (IV) route is convenient to apply in clinical practice, so clinicians have become increasingly interested in this method<sup>22–24</sup>. Despite the fact that some studies have reported that IV-transplanted MSCs can migrate into inflamed and ischemic areas of the brain<sup>25–27</sup>, the final fate of IV-applied MSCs remains

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elusive<sup>22</sup>. We have questioned whether IV-administered MSCs can successfully migrate to the intended target brain tissue in patients with a neurological disease in clinical practice.

Based on these considerations, the present study evaluated the biodistribution of MSCs and determined whether IV-applied, radioactively labeled MSCs could reach the brain in an AD mouse model.

### **Materials and Methods**

### Isolation and Culture of Mouse BMSCs

B6129SF2/J mice (Jackson Laboratories, Bar Harbor, ME, USA), weighing 20–25 g, were housed in groups of two or three under environmentally controlled conditions at 23  $\pm$  $2^{\circ}$ C and  $50 \pm 10\%$  relative humidity and given free access to food and water. All experimental procedures were approved by the Institutional Animal Care and Use Committees of Ajou University School of Medicine, Suwon, Republic of Korea (IACUC No. 2015-0068). The method for BMSC preparation from mice was based on the protocol by Soleimani and Nadri<sup>28</sup>. Mouse BMSCs were isolated from the femurs of 6-8-week-old female B6129SF2/J mice. Both ends of the tibia and femurs were removed, and the remaining bones were centrifuged at  $762 \times g$  for 20 min. The supernatant was discarded, and the cell pellets were resuspended in phosphate-buffered saline (PBS). After centrifugation, the cells were resuspended and incubated in high-glucose Dulbecco modified Eagle's medium containing 15% fetal bovine serum and 1% penicillin/streptomycin (Invitrogen, Carlsbad, CA, USA) at 37°C in a 5% fully humidified CO<sub>2</sub> incubator. Non-adherent cells were removed 18 h later by replacing the medium (passage 0). On day 10 of incubation, the cells were detached with 0.25% trypsin/0.1% EDTA (Sigma, St. Louis, MO, USA) and replated on 100-mm culture dishes (passage 1). When these primary cultures reached 80% confluence, the cells were harvested using 0.25% trypsin and subcultured. Mouse BMSCs were characterized by immunofluorescence and fluorescence-activated cell sorter analysis at passage 4<sup>29</sup>.

# Labeling of Mesenchymal Stem Cells with <sup>111</sup>In Tropolone

Tropolone (1–2 mg; Sigma) was dissolved in 1 mL of normal saline, and 80  $\mu$ L of tropolone solution was mixed with 37–111 MBq (1–3 mCi) of <sup>111</sup>InCl<sub>3</sub> (physical half-life = 2.83 days,  $\gamma$ -energy = 245 and 173 keV; PerkinElmer, Waltham, MA, USA) in 0.05 N HCl. The reaction mixture was incubated for 15 min at room temperature (pH 7.2)<sup>30</sup>. Before labeling, the BMSCs were washed with PBS, centrifuged at 1000 rpm for 3 min, and resuspended in 1 mL PBS. <sup>111</sup>In-tropolone was added to the BMSC suspension and incubated at room temperature for 20 min. After the incubation, the BMSCs were centrifuged at 1000 rpm for 3 min, and

the supernatant and cell pellets were collected separately to calculate labeling efficiency.

# In Vivo Distribution Using a Gamma Counter and Gamma Camera

<sup>111</sup>In-labeled BMSCs (7.4 MBq,  $1.0 \times 10^6$  cells/mouse) suspended in 200 µL of normal saline were injected via a tail vein into  $3 \times \text{Tg-AD}$  (B6;129-*Psen1*<sup>tm1Mpm</sup>Tg(APPSwe, tauP301 L)1Lfa/Mmjax, Jackson Laboratories) as the AD group (n = 28) and non-transgenic mice (B6129SF2/J) as controls (n = 25). The mice were scanned 24 and 48 h after injection with a dual-head gamma camera (Multi-SPECT2, Siemens, Erlangen, Germany) equipped with medium energy collimators for 10 min in the prone position. The matrix size was  $256 \times 256$ . Circular regions of interest were drawn for the brain and right thigh (background) on both anterior and posterior images, respectively, to compare the biodistribution. The brain uptake ratio was obtained by dividing brain activity by background activity.

Immediately after acquisition, major organs, including the brain, kidneys, lungs, liver, and spleen, were excised and weighed, and radioactivity was measured using a gamma counter (Gamma-HEs; Shin Jin Medics Inc., Seoul, Korea). The data are expressed as a percentage of injected dose (%ID/g) after correction for decay.

### Immunofluorescence Staining Using Confocal Microscope

To detect intravenously transplanted BMSCs, cells were labeled with PKH26 using a commercial kit (PKH26 red fluorescence cell linker kit, Sigma-Aldrich, St. Louis, MO, USA), according to the manufacturer's instructions<sup>31</sup>. Briefly, cells were centrifuged at  $322 \times g$  for 3 min in a conical tube, and the supernatant was discarded. Then 1 mL Diluent C and  $4.0 \times 10^{-6}$  M of PKH26 dye were added to cell pellets, which were incubated at room temperature for 5 min with gentle inversion. Then the mixture was incubated with 2 mL serum for 1 min to stop the staining reaction. Stained cells were centrifuged at  $322 \times g$  for 10 min and washed with 10 mL complete medium prior to being further labeled with <sup>111</sup>In. The radiolabeling and intravenous injection of BMSCs were performed 30 min after PKH26 labeling.

To observe intracerebral BMSCs, brains were harvested from animals and fixed overnight with 4% paraformaldehyde in 0.1 M phosphate buffer. Then the samples were embedded in paraffin blocks and sectioned at 5  $\mu$ m on a sliding microtome. Sections were deparaffinized by incubating them in an oven for 20 min at 55°C and rinsing three times with PBS (Gibco, Scotts Valley, CA, USA). Next, they were incubated with 4,6-diamidino-2-phenylindole (DAPI) at 1  $\mu$ L/mL (Fluka, Morristown, NJ, USA) for 15 min at room temperature to counterstain the nuclei, and then mounted using a cover slide. PKH26 (red) and DAPI (blue) fluorescent signals in tissues were captured and analyzed

	Radioactivity (median (interquartile range), %ID/g)					
	24 h after stem cell injection			48 h after stem cell injection		
	AD model	Control	p-value*	AD model	Control	p-value*
Brain	0.31 (0.30-0.33)	0.21 (0.20-0.23)	0.0004	0.38 (0.32–0.40)	0.28 (0.25–0.29)	0.0016
Lungs	18.48 (17.64–19.66)	29.60 (29.35–30.14)	<0.0001	13.06 (9.91–13.56)	16.45 (13.77–18.49)	0.0045
Kidneys	21.87 (21.10–23.54)	18.18 (17.13–19.78)	0.0003	27.19 (24.64–28.88)	15.08 (12.75–16.79)	0.0008
Liver	7.15 (6.87–7.62)	5.10 (4.52–5.79)	0.003 I	12.13 (11.24–12.33)	5.38 (4.74–5.88)	0.0005
Spleen	36.29 (35.55–37.20)	35.46 (32.00–38.20)	0.7618	31.78 (31.05–34.14)	55.78 (50.93–56.63)	0.0006

Table I. Biodistribution of <sup>111</sup>In-Labeled Stem Cells According to the Gamma Counter.

AD: Alzheimer's disease.

\*p-value between AD model and control.

using a Nikon A1 confocal laser scanning microscope (Nikon, Tokyo, Japan).

### Statistical Analysis

All values were tested for a normal distribution using the Kolmogorov–Smirnov test, and none of the datasets were normal. Thus, non-parametric statistics were used for the data analysis, and all values are presented as median and interquartile range.

To compare the distribution of <sup>111</sup>In-labeled BMSCs in each organ between the AD model and controls, radioactivity was analyzed with the Mann–Whitney test. The brain uptake ratio acquired from the gamma camera images was compared between the AD and control models using the Mann–Whitney test. The Wilcoxon test was used to evaluate changes in distribution between 24 and 48 h in both groups. Two-tailed p-values <0.05 were considered significant. MedCalc statistical software ver. 17.6 (MedCalc Software bvba, Ostend, Belgium; http://www.medcalc.org; 2017) was used for all statistical analyses.

### Results

# In Vivo Distribution of <sup>111</sup>In-Labeled BMSCs by the Gamma Counter

Radioactivity was measured 24 h after the BMSCs were injected using a gamma counter and revealed that brain uptake was significantly higher in the AD model than in the controls (0.31% vs. 0.21%, p = 0.0004). Significant differences in the distributions in the lungs, kidneys, and liver were observed between the AD model and controls 24 h after injection of the BMSCs. Radioactivity in the lungs was significantly higher in the controls than in the AD model, and that in the kidneys and liver was significantly higher in the controls. The distribution in the spleen was not different between the AD and control models 24 h after injection of the BMSCs (p = 0.7618).

Brain uptake remained significantly higher in the AD model than in the controls 48 h after injection of the BMSCs (0.38% vs. 0.28%, p = 0.0016). Distribution in other organs,

including the lungs, kidneys, liver, and spleen, was significantly different between the two groups 48 h after injection of the BMSCs. The BMSCs were distributed more in the kidneys and liver of the AD model than in the controls. The controls had more BMSCs distributed in the lungs and spleen than the AD model (Table 1).

## Changes in the Distribution of BMSCs with Time by the Gamma Counter

The changes in the distribution of BMSCs with time according to the gamma counter are illustrated in Figure 1. Brain uptake in the AD model after 48 h was significantly higher than at 24 h after injection of the BMSCs (p = 0.0156). Radioactivity in the lungs and spleen decreased significantly with time, whereas radioactivity in the kidneys and liver increased significantly with time (Figure 1(a)).

Radioactivity in the brain in controls after 48 h was significantly higher than at 24 h after injection of the BMSCs (p = 0.0039). BMSCs in the kidneys and lungs decreased significantly with time in the control group, whereas radioactivity in the spleen increased significantly with time. The distribution in the liver did not change significantly with time (p = 0.6250, Figure 1(b)).

### Brain Uptake by the Gamma Camera

On gamma camera images, <sup>111</sup>In-labeled BMSC uptake in the brains of the AD model was significantly higher 24 h after injection of the BMSCs than that in the controls (2.53 vs. 1.54, p < 0.0001, Figure 2(a)). Significantly more brain uptake was noted in the AD model than in the controls 48 h after administration of the BMSCs (2.67 vs. 1.53, p < 0.0001, Figure 2(a)).

Brain uptake increased significantly with time in the AD model when the 24 and 48 h images were compared (p = 0.0017, Figure 2(a)). However, brain uptake did not change significantly with time in the controls (p = 0.3394, Figure 2(a)).

Representative gamma camera images are shown in Figure 2(b) and (c).



**Figure I.** Comparison of radioactivity 24 and 48 h after stem cells were injected according to the gamma counter. (a) Significant increases in radioactivity were seen in the brain, kidneys, and liver of the AD model, whereas that in the in lungs and spleen decreased with time. (b) Radioactivity in the brain and spleen increased significantly with time in the control group, whereas that in the kidneys and liver decreased significantly. Liver radioactivity did not change significantly with time.



**Figure 2.** Brain uptake by gamma camera. (a) The brain uptake ratio was significantly higher in the Alzheimer's disease (AD) model than in the controls 24 and 48 h after stem cell injection. Brain uptake in the AD model increased significantly with time, but no significant changes were observed with time in the control group. (b) Representative image in the AD model 48 h after stem cell injection; slightly increased uptake can be observed in the brain region, as indicated by the arrow. (c) An arrow indicates that they also showed a slight increase in brain uptake in a representative control image 48 h after stem cell injection. Although the visual activity of the brain in (b) and (c) seemed to be similar, the uptake ratio showed significant differences between the two groups (2.67 vs. 1.53, p < 0.0001).

### Confocal Microscopic Analysis of Transplanted BMSCs

To further confirm that MSCs were homing to the brain following injection into the tail vein, we employed immunofluorescence staining. Confocal microscopy confirmed the presence of PKH26-<sup>111</sup>In co-labeled BMSCs in the AD brain tissue (Figure 3). This confocal microscopy image revealed that BMSCs labeled with <sup>111</sup>In migrated to AD brains within 24 h after injection, and that the migration ability of BMSCs was not affected by <sup>111</sup>In.

### Discussion

The therapeutic effects of MSCs in models of AD have been revealed by various studies<sup>32–38</sup>. Several effects have been reported, including inhibition of cell death<sup>32</sup>, reduction of



**Figure 3.** Migration of transplanted PKH26-<sup>111</sup>In co-labeled BMSCs into the brain of AD mice. A confocal image showing that intravenously injected stem cells were successfully found in brain tissue of the AD model. Blue: DAPI; red: PKH26; scale bar = 5  $\mu$ m; magnification: ×60 for larger images, ×470 for small images.

amyloid deposits<sup>37</sup>, and rescue of learning and memory deficits<sup>33,38</sup>, which may be induced by the neuroprotective paracrine effects of MSC-secreted factors<sup>39,40</sup>. Although Naaldijk et al.<sup>36</sup> reported the therapeutic effects of IVinjected MSCs in the AD model, there is still a concern about the delivery of MSCs to the brain via IV administration. In this context, we investigated whether IV-injected MSCs would reach the brain using a radioactive isotope labeling method.

This study confirmed that a small number of the BMSCs injected IV into AD mice reached the brain. Radioactivity of BMSCs was significantly higher in the AD model than in the control group according to the gamma counter and gamma camera imaging. It is very difficult to know why the BMSCs were more distributed in the brains of the AD model than in the controls, because few previous studies have been conducted for the same purpose. We believe that the distribution of stem cells in the body may differ depending on the disease model.

The choice of animal model for preclinical studies using stem cells is critical. In addition, the first step in studying biodistribution is to use MSCs from the same animal species<sup>41</sup>. We used  $3 \times Tg$ -AD mice as the AD model and B6129SF2/J mice as the control in this study. The  $3 \times Tg$ -AD mice have been successfully used in previous stem cell studies<sup>42-44</sup>. The B6129SF2/J mice have been suggested to be the best control mice to use for studying  $3 \times Tg$ -AD mice<sup>45</sup>. We used MSCs from B6129SF2/J bone marrow, which would ideally be sourced from the same species as the  $3 \times Tg$ -AD model.

Previous studies have reported that IV-injected stem cells are mainly distributed in the lungs, liver, and spleen<sup>22,46,47</sup>, and these results are not significantly different from the results of our study. Notably, the distribution of BMSCs in the lungs was relatively low in the AD model compared with the control group. The most problematic aspect of IV stem cell therapy is the initial pulmonary entrapment, and the accumulation of stem cells in lungs is a key determining factor for their biodistribution<sup>15,22,41,48</sup>. Thus, the low lung uptake that we observed in the AD model may be a meaningful result. We suggest, after careful consideration, that this is related to the relatively higher brain intake in the AD model than in the control group. These results suggest that the distribution of BMSCs in the brain and other organs may vary depending on the type of mouse model.

<sup>111</sup>In is a radioactive isotope with a relatively long halflife of 2.8049 days. Therefore, in our study, the distribution of BMSCs was traced for a relatively long period after injection. We were able to follow the changes in BMSC distribution over time, and, as a result, radioactivity in the lung decreased with time in both models. Radioactivity was higher in the kidneys of the AD model over time, whereas radioactivity in the control group kidneys was lower. Liver radioactivity increased over time in the AD model, and uptake by the spleen increased in the control group. These changes in distribution over time may be explained by secondary recirculation of stem cells, and this recirculation could differ depending on the disease model or species, which is consistent with our results<sup>41</sup>.

A higher distribution of BMSCs was observed in the brain of the AD model than the control group according to the gamma camera images. The imaging results also showed that brain uptake did not change significantly over time in the control group, whereas brain uptake increased in the AD group. Stem cells have never been tracked with gamma camera images in an AD model as shown in this study. We obtained confocal microscopy images to confirm that the radioactivity of the brain visible in the gamma camera represented real stem cells, and we identified BMSCs in brain parenchymal tissue. In Naaldijk et al.<sup>36</sup>, confocal images showed that IV-injected stem cells had reached the brain of APP/PS1 mice, an AD animal model. Our results are consistent with those findings.

A limitation of this study is that the gamma camera images were acquired using human equipment. The research institute did not have a gamma camera for small animals, so we obtained the best images possible using a camera for humans, but quality was inferior. In addition, because of limitations of the camera resolution, it was difficult to evaluate the distribution of images in other organs except the brain. A further tracking study using a more advanced animal-specific gamma camera such as single photon emission computed tomography might be needed to validate our results.

In conclusion, this study suggests that a small number of stem cells injected IV in an AD model can reach the brain.

### **Ethical Approval**

All experimental procedures were approved by the Institutional Animal Care and Use Committees of Ajou University School of Medicine, Suwon, Republic of Korea (IACUC No. 2015-0068).

### **Statement of Human and Animal Rights**

The method for BMSC preparation from mice was based on the protocol by Soleimani and Nadri.

### Statement of Informed Consent

Statement of Informed Consent is not applicable for this article.

### **Declaration of Conflicting Interests**

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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