

Original Article



Differences in Vancomycin Clearance between Trauma and Medical Intensive Care Unit Patients

Hundo Cho ¹, Suna Lee ², Seungsoo Sheen ³, and Young Hwa Choi ¹

¹Department of Infectious Diseases, Ajou University School of Medicine, Suwon, Korea

²Department of Pharmacy, Ajou University Medical Center, Suwon, Korea

³Department of Pulmonary and Critical Care Medicine, Ajou University School of Medicine, Suwon, Korea

OPEN ACCESS

Received: Oct 29, 2019

Accepted: Jan 12, 2020

Corresponding Author:

Young Hwa Choi, MD, PhD

Department of Infectious Diseases, Ajou University School of Medicine, 164 Worldcup-ro, Yeongtong-gu, Suwon 16499, Korea.

Tel: +82-31-219-5112

Fax: +82-31-219-4430

E-mail: yhwa1805@ajou.ac.kr

Copyright © 2020 by The Korean Society of Infectious Diseases, Korean Society for Antimicrobial Therapy, and The Korean Society for AIDS

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (<https://creativecommons.org/licenses/by-nc/4.0/>) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

ORCID iDs

Hundo Cho

<https://orcid.org/0000-0003-0695-0659>

Suna Lee

<https://orcid.org/0000-0003-4359-9298>

Seungsoo Sheen

<https://orcid.org/0000-0003-1733-5192>

Young Hwa Choi

<https://orcid.org/0000-0001-5254-3101>

Conflict of Interest

No conflict of interest

Author Contributions

Conceptualization: YHC, HC, SL. Data curation: HC, SL. Formal analysis: HC, SS. Investigation:

ABSTRACT

Background: To identify the differences in the vancomycin pharmacokinetics between multiple trauma patients and medically ill patients in the intensive care unit (ICU) stratified by the use of continuous renal replacement therapy (CRRT), and the factors affecting vancomycin clearance (CL_{van}).

Materials and Methods: All the included patients received at least three consecutive doses of vancomycin, then, therapeutic drug monitoring was conducted. Patients' serum vancomycin trough levels and other clinical variables were identified retrospectively. The vancomycin pharmacokinetics and associated factors were compared and analyzed between trauma ICU (TICU) and medical ICU (MICU) patients.

Results: In the non-dialyzed group, the CL_{van} was higher among the TICU patients than the MICU patients. However, in the continuous renal replacement therapy group, there was no significant difference in the CL_{van} between the multiple trauma and medically ill patients. The only factor associated with CL_{van} in the non-dialyzed group was creatinine clearance; none of the factors was associated with CL_{van} in the CRRT group.

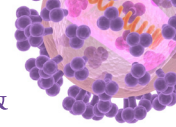
Conclusion: In the case of non-dialyzed patients in the TICU, vancomycin dosages must be adjusted, depending on the patient's actual body weight changes. In the case of patients undergoing CRRT in both ICUs, vancomycin can be infused with fixed doses regardless of the patients' characteristics.

Keywords: Vancomycin; Trauma; Body weight; Intensive care unit

INTRODUCTION

Severe trauma causes tissue damage, collapse of the skin barrier, and alterations in the immune system. As a result, patients with severe trauma are vulnerable to bacterial invasion and infection [1, 2]. In particular, methicillin-resistant *Staphylococcus aureus* is a major pathogen in intensive care units (ICUs) and patients with severe trauma can easily contract *S. aureus* infection [3].

Vancomycin is the first-line antibiotic used in the treatment of methicillin-resistant *S. aureus* (MRSA) infection [4]. Vancomycin is an area under the concentration curve-dependent



HC, SL. Methodology: YHC, HC, SL. Project administration: YHC. Supervision: YHC. Writing – original draft: HC. Writing – review & editing: YHC, HC.

antibiotic, and suboptimal serum concentrations of this drug lead to treatment failure and the development of resistance [5, 6]. Thus, serum vancomycin concentrations must be measured in patients with severe trauma by therapeutic drug monitoring (TDM) [7]. In a 1,084-bed tertiary hospital which this study had done with a trauma ICU (TICU), suboptimal serum vancomycin concentrations were more frequently observed in severe trauma patients than medical intensive care unit (MICU) patients.

Vancomycin clearance (CL_{van}) is influenced by many factors. A patient's renal function and use of continuous renal replacement therapy (CRRT) have a decisive effect on CL_{van} . Capillary fluid leakage leads to changes in the volume of distribution (V_d) and CL_{van} [8]. Intensive fluid therapy for critically ill patients causes pharmacokinetic alterations due to the hydrophilicity of vancomycin [5]. The simultaneous use of other drugs influencing renal function and the use of vasoactive drugs affect CL_{van} [5, 9].

In this study, the factors affecting vancomycin levels between multiple trauma patients in the TICU and MICU stratified by use of CRRT were compared. Furthermore, the influence of these factors on CL_{van} was statistically analyzed.

MATERIALS AND METHODS

1. Study population

The data from the TDM database at the pharmacy of one tertiary care hospital was retrieved for the retrospective selection of appropriate cases. The TDM database includes information on patient's characteristics and the pharmacokinetic parameters of vancomycin. Patient's information (age, height, actual body weight, sex, serum creatinine rate, and trough level of vancomycin) are entered into the TDM software, which then calculates the pharmacokinetic parameters (half-life, V_d , optimal dose of vancomycin, and CL_{van}). Patients aged >18 years who were admitted to the TICU or MICU from January 2015 to December 2015 were selected. All patients received vancomycin intravenously by intermittent infusion. The vancomycin dose, calculated by the ideal body weight (IBW), was 1 g every 12 hours averagely in the non-dialyzed patients. In the case of patients undergoing CRRT, the vancomycin dose was 1 g/day averagely. Patients received vancomycin infusions at least thrice consecutively, then the serum vancomycin levels were measured just prior to the next dose at steady-state conditions according to TDM timing recommendation [7]. TDM was analyzed as vancomycin doses are adjusted by clinicians, as a result of TDM for the achievement of the target vancomycin level (15 – 20 $\mu\text{g/mL}$) in the second trough. In cases in which vancomycin administration was stopped for >7 days and restarted, the second TDM and trough level were analyzed again as a new case. As a result, some patients were considered as representing more than one case. Exclusion criteria were children aged ≤ 18 years old, those with an end-stage renal disorder on intermittent hemodialysis or continuous ambulatory peritoneal dialysis, and women who were pregnant. This study was approved by the Ajou University Hospital Institutional Review Board (AJIRB-MED-MDB-17-161).

2. Data collection

We reviewed patients' medical histories, laboratory results, use of vancomycin and other drugs, as well as clinical findings. Among the patient characteristics, weight was specifically recorded as actual body weight, IBW, overweight (kg; weight - IBW), overweight rate (percent; (overweight/IBW) $\times 100$), and body mass index (BMI; kg/m^2). Fluid input and output were specifically analyzed as total fluid input/output (L; total fluid input – total fluid output), one-

day fluid output per weight, and one-day urine output per weight. The insensible loss of fluid was calculated as 500 ml/day. The rate of creatinine clearance was calculated by the Cockcroft-Gault formula [10]. Augmented renal clearance (ARC) was defined as an increased creatinine clearance of greater than 130 ml/min/1.73 m² [11]. The use of vancomycin in the culture of MRSA was identified as therapeutic use of vancomycin (versus empiric use). Sub-therapeutic level of vancomycin was defined as a trough level of vancomycin of lesser than 15 mg/L. The use of drugs that affected renal function (vasoactive agents, angiotensin receptor blockers, non-steroidal anti-inflammatory drugs, mannitol, aminoglycoside, and furosemide), a number of simultaneously used antibiotics (beta-lactams, macrolide, colistin, aminoglycoside, tetracycline analogues, metronidazole, quinolone, antifungal agents, and antiviral agents), and furosemide dosage were also analyzed. The type of CRRT used was continuous venovenous hemodiafiltration. The velocity of CRRT was calculated as the intensity of CRRT ((dialysate fluid flow + replacement fluid flow + ultrafiltration flow)/hour/weight of patient; mL/hour/kg) [12]. The clinical severity of patients was evaluated using the Injury Severity Score [13] in the TICU and the Simplified Acute Physiology Score 3 [14] in the MICU.

3. Vancomycin concentration assay and pharmacokinetic parameters

We identified that the sampling for the measurement of serum vancomycin trough levels was performed one hour before the next dose. The samples were analyzed by fluorescence polarization immunoassay (Cobas Integra 800, Roche Diagnostics, Mannheim, Germany).

Based on the measured concentrations, we estimated the pharmacokinetic parameters (V_d , half-life [$T_{1/2}$]). The pharmacokinetic parameters were estimated by a Bayesian (non-linear) method using CAPCIL[®] software (SIMKIN Inc., Gainesville, FL, USA) [15]. We used $K_{12} = 1.12$ (hr⁻¹: the central to peripheral transfer rate constant), $K_{21} = 0.48$ (hr⁻¹: the peripheral to central transfer rate constant) for the pharmacokinetic parameter analysis with a 2-compartment model. In this method, pharmacokinetic parameters (elimination rate constant (K_e) and V_d) that reduce the difference between the actual and predicted concentrations are sought. The $T_{1/2}$ value was calculated automatically using the equation $T_{1/2} = 0.693/K_e$. CL_{van} was calculated using the equation $CL_{van} = K_e \times V_d$. Optimal vancomycin doses were also calculated by this software.

4. Statistical analysis

Continuous variables were expressed as mean \pm standard deviation, and categorical variables were presented as frequencies and percentages. Group comparisons were analyzed independently by a Student's t -test for continuous variables and chi-square test for categorical variables. Pearson's correlation analysis and Spearman correlation analysis were performed to evaluate the correlations between the continuous variables and CL_{van} . Furthermore, Student's t -test and Mann-Whitney U -test were performed to evaluate the correlations between the categorical variables and CL_{van} . The interrelationships of each variable were analyzed by multiple linear regression. A two-tailed P -value < 0.05 was considered statistically significant. All statistical analyses were performed with IBM SPSS Statistics (version 21.0; IBM Corp., Armonk, NY, USA).

RESULTS

1. Characteristics of the study population

We identified 202 cases (175 patients) with TDM in two ICUs during the study period, comprising 87 TICU cases (67 patients) and 115 MICU cases (108 patients). Thirty cases in

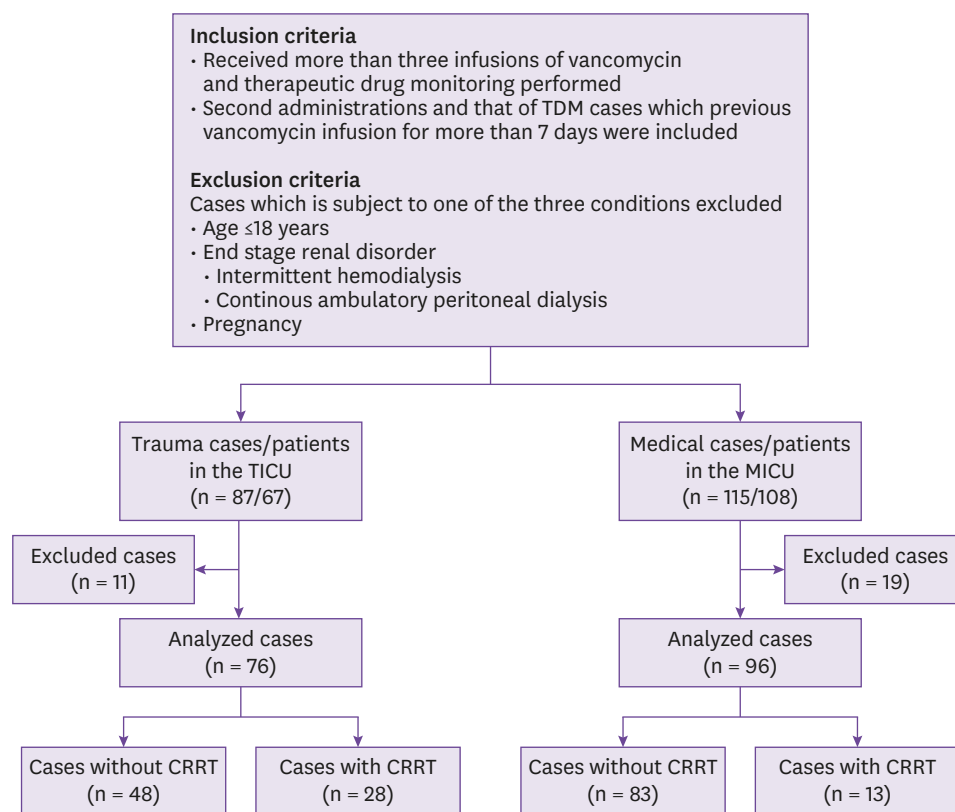


Figure 1. Study population.

TDM, therapeutic drug monitoring; TICU, trauma intensive care unit; MICU, medical intensive care unit; CRRT, continuous renal replacement therapy.

which the inclusion criteria were not met were excluded. Seventy-six TICU cases and 96 MICU cases were included in the final analysis (**Fig. 1**).

Table 1 shows the clinical characteristics and laboratory findings of the TICU and MICU non-dialyzed groups. A total of 48 TICU cases and 83 MICU cases were enrolled. The mean age of the patients in the TICU (50.17 ± 19.1 years) was significantly lower than that of those in the MICU (67.41 ± 14.35 years; $P < 0.001$). However, the height (168.91 ± 8.14 cm *vs.* 164.05 ± 8.43 cm; $P = 0.002$) and actual body weight (71.93 ± 14.78 kg *vs.* 58.36 ± 19.88 kg; $P < 0.001$) of the TICU patients were significantly higher than those of the MICU patients. The mean IBW (64.28 ± 8.34 kg *vs.* 59.35 ± 9.02 kg; $P = 0.002$), overweight (7.65 ± 14.57 kg *vs.* 7.65 ± 14.57 kg; $P = 0.002$), BMI (25.20 ± 5.02 kg/m² *vs.* 21.49 ± 5.79 kg/m²; $P < 0.001$) and body surface area (BSA) (1.82 ± 0.20 cm^{0.725} × kg^{0.425} × 0.007184 *vs.* 1.61 ± 0.25 cm^{0.725} × kg^{0.425} × 0.007184; $P < 0.001$) were higher in the TICU patients than the MICU patients. No significant differences were observed in terms of sex, or the prevalence of diabetes mellitus or chronic kidney disease between the two groups.

The rate of therapeutic use (versus empiric use) of vancomycin was significantly higher in the TICU patients (60.4%) than in the MICU (31.3%; $P = 0.002$). The rate of bloodstream infections was higher in the TICU patients (27.1%) than the MICU patients (6.0%; $P = 0.001$). The pneumonia prevalence rate was lower among the TICU patients (56.2%) than the MICU patients (92.7%; $P < 0.001$). The rate of soft-tissue infection in the TICU patients (16.7%) was higher than that in the MICU patients (1.2%; $P = 0.001$).

Table 1. Clinical characteristics of non-dialyzed patients in the TICU and MICU

Variable	TICU (n = 48 cases)	MICU (n = 83 cases)	P-value
Characteristics of patients			
Age, years	50.17 ± 19.14	67.41 ± 14.50	<0.001
Height, cm	168.91 ± 8.14	164.05 ± 8.43	0.002
Actual body weight, kg	71.93 ± 14.78	58.36 ± 19.88	<0.001
Ideal body weight, kg	64.28 ± 8.34	59.35 ± 9.02	0.002
Overweight ^a , kg	7.65 ± 14.57	-0.20 ± 17.0	0.005
Overweight rate ^b , %	12.98 ± 24.86	-1.56 ± 25.87	0.002
BMI, kg/m ²	25.20 ± 5.02	21.49 ± 5.79	<0.001
BSA, cm ^{0.725} × kg ^{0.425} × 0.007184	1.82 ± 0.20	1.61 ± 0.25	<0.001
Male, n (%)	40 (83.3)	60 (72.3)	0.201
DM, n (%)	9 (18.7)	24 (28.9)	0.217
CKD, n (%)	0 (0)	2 (2.4)	0.532
Purpose of use			
Therapeutic use of vancomycin (versus, empirical), n (%)	29 (60.4)	26 (31.3)	0.002
Type of disease			
Blood stream infection, n (%)	13 (27.1)	5 (6.0)	0.001
Pneumonia, n (%)	27 (56.2)	77 (92.7)	<0.001
Soft tissue infection, n (%)	8 (16.7)	1 (1.2)	0.001
Laboratory finding			
BUN, mg/dL	19.24 ± 13.38	22.73 ± 13.54	0.157
Cr, mg/dL	0.79 ± 0.69	0.73 ± 0.41	0.492
Ccr ^c , mL/min	143.52 ± 69.41	97.24 ± 63.69	<0.001
ARC, n (%)	27 (56.3)	17 (20.5)	<0.001
Albumin, g/dL	3.21 ± 0.40	3.09 ± 0.56	0.175
Protein, g/dL	5.55 ± 0.93	5.85 ± 1.30	0.174
Total bilirubin, mg/dL	3.29 ± 4.96	0.96 ± 0.96	0.002
White blood cell count, /mm ³	13,154 ± 7,063	13,055 ± 6,360	0.935
Platelet count, × 10 ³ /mm ³	291 ± 165	247 ± 174	0.161
pH	7.42 ± 0.07	7.43 ± 0.06	0.330
Fluid control			
Total fluid input/output (considering insensible loss), L	2.780, [-4.411, 9.971] ^d	-0.214, [-4.480, 4.908]	0.200
Daily fluid output per weight, mL/kg/day	60.76 ± 54.83	41.32 ± 17.73	0.021
Daily urine output per weight, mL/kg/day	45.98 ± 32.99	39.63 ± 17.89	0.155
Combined drug			
Number of used antibiotics, n	1.40 ± 0.76	1.43 ± 0.66	0.767
Patient using vasoactive agent, n (%)	8 (16.7)	35 (42.2)	0.002
Patient using ARB, n (%)	3 (6.3)	11 (13.2)	0.254
Patient using NSAIDs, n (%)	6 (12.5)	7 (8.4)	0.547
Patient using mannitol, n (%)	4 (8.3)	0 (0)	0.017
Patient using aminoglycoside, n (%)	3 (6.3)	2 (2.4)	0.355
Patient using furosemide, n (%)	3 (6.3)	41 (49.3)	<0.001
Total dose of furosemide, mg	3.54 ± 20.36	20.24 ± 30.52	<0.001
Mean daily dose of used furosemide, mg/day	1.17 ± 6.77	7.36 ± 10.32	<0.001
Disease severity			
ISS	31.33 ± 15.08	NA	
SAPS3	NA	64.56 ± 11.13	

^aOverweight = weight - ideal body weight.

^bOverweight rate = {(weight - ideal body weight)/ideal body weight} × 100.

^cCcr = [(140 - age) × weight]/(72 × Cr), if female × 0.85.

^d[], interquartile range.

TICU, trauma intensive care unit; MICU, medical intensive care unit; BMI, body mass index; BSA, body surface area; DM, diabetes mellitus; CKD, chronic kidney disease; BUN, blood urea nitrogen; Cr, creatinine; Ccr, creatinine clearance; ARC, augmented renal clearance; pH, potential of hydrogen; ARB, angiotensin receptor blocker; NSAIDs, nonsteroidal anti-inflammatory drugs; ISS, Injury Severity Score; NA, not assessed; SAPS3, Simplified Acute Physiology Score 3.

The rate of creatinine clearance (Ccr; 143.52 ± 69.41 mL/min *vs.* 97.24 ± 63.69 mL/min; *P* < 0.001) and level of total bilirubin (3.29 ± 4.96 mg/dL *vs.* 0.96 ± 0.96 mg/dL; *P* = 0.002) and rate of ARC (56.3% *vs.* 20.5%; *P* < 0.001) were significantly higher in the TICU patients than MICU patients. However, the serum blood urea nitrogen, creatinine, albumin and total protein levels, white blood cell count, platelet count, and potential of hydrogen were not different between the two groups.

The total fluid input/output (considering insensible loss) from the time of ICU hospitalization to the measurement of serum vancomycin concentrations was not different between the TICU and MICU patients (2.780 ± 14.382 L *vs.* -0.214 ± 9.389 L; $P = 0.200$). The one-day fluid output per weight of the TICU patients (60.76 ± 54.83 mL/kg/day) was higher than that in the MICU patients (41.32 ± 17.73 mL/kg/day; $P = 0.021$). No difference in the one-day urine output per weight was observed between the TICU and MICU patients (45.98 ± 32.99 mL/kg/day *vs.* 39.63 ± 17.89 mL/kg/day; $P = 0.155$).

The rate of use of vasoactive agents among patients in the TICU (16.7%) was lower than that among those in the MICU (42.2%; $P = 0.002$), and the use of mannitol in the TICU (8.3%) was higher than in the MICU (0.0%; $P = 0.017$). The rate of use of furosemide in the TICU (6.3%) was lower than in the MICU (49.3%; $P < .001$). The total volume (3.54 ± 20.36 mg *vs.* 20.24 ± 30.52 mg; $P < 0.001$) and one-day mean volume (1.17 ± 6.77 mg/day *vs.* 7.36 ± 10.32 mg/day; $P < 0.001$) of furosemide in the TICU during the vancomycin administration period was significantly lower than in the MICU (**Table 1**).

2. Pharmacokinetics of vancomycin

No significant difference in the total vancomycin dose (dose of vancomycin before TDM) was observed among the non-dialyzed patients between the two ICU groups (5.19 ± 1.81 g *vs.* 4.90 ± 1.60 g; $P = 0.347$). The one-day mean vancomycin dose was not different between the two groups (1.96 ± 0.45 g/day *vs.* 1.91 ± 0.36 g/day; $P = 0.477$). However, the one-day mean vancomycin dose per weight (actual body weight) was significantly lower in the TICU patients than the MICU patients (27.85 ± 5.88 mg/kg/day *vs.* 34.71 ± 9.24 mg/kg/day; $P < 0.001$). The serum vancomycin trough levels were lower in the TICU patients than the MICU patients (trough level, 10.42 ± 8.13 µg/mL *vs.* 14.63 ± 8.47 µg/mL; $P = 0.006$). Among the TICU patients, the sub-therapeutic trough level of vancomycin was observed in 84.6% of blood stream infection, 70.4% of pneumonia and 75% of soft tissue infection cases. And that was higher than that of MICU patients (40%, 70.4%, and 0%). The V_d of vancomycin was higher among the TICU patients than the MICU patients (51.12 ± 7.92 L *vs.* 45.82 ± 8.70 L; $P = 0.001$). The optimal vancomycin dose was calculated through the initial dosage and serum vancomycin trough level, and the optimal vancomycin dose was higher in the TICU patients than the MICU patients (3.25 ± 1.64 g *vs.* 2.09 ± 1.10 g; $P < 0.001$). The CL_{van} rate was significantly higher among the TICU patients than the MICU patients (74.25 ± 27.99 mL/min *vs.* 53.74 ± 23.91 mL/min; $P < 0.001$).

No significant differences in the total vancomycin dose, one-day vancomycin dose per weight, serum vancomycin peak level, serum vancomycin trough level, $T_{1/2}$ of vancomycin, optimal vancomycin dose, or CL_{van} were observed between the two ICU groups in patients undergoing CRRT (**Table 2**).

3. Factors associated with vancomycin clearance

The factors associated with CL_{van} were evaluated by the Pearson's correlation analysis test, Student's *t*-test, and multiple linear regression continually. In the case of non-dialyzed patients, variables that significantly differed between the two ICU groups in terms of clinical characteristics and laboratory findings were selected. Then we identified correlations between selected variables and CL_{van} of patients in the TICU. The results of the Pearson's correlation analysis and Student's *t*-test showed that age, height, IBW, BSA, Ccr, serum total bilirubin, furosemide use, and mean daily dose of furosemide were associated with CL_{van} in the TICU group. Considering the variation inflation factor in the multiple linear

Table 2. Pharmacokinetics of vancomycin in the TICU and MICU patients

Pharmacokinetic parameter	TICU	MICU	P-value
Non-dialyzed group (n = 126)	(n = 48)	(n = 83)	
Total vancomycin dose before TDM, g	5.19 ± 1.81	4.90 ± 1.60	0.347
Daily vancomycin dose, g/day	1.96 ± 0.45	1.91 ± 0.36	0.477
Daily vancomycin dose per weight, mg/kg/day	27.85 ± 5.88	34.71 ± 9.24	<0.001
Trough level of vancomycin, mg/L	10.42 ± 8.13	14.63 ± 8.47	0.006
Sub-therapeutic level (under 15 mg/L)			
Blood stream infection, n (%)	11 (84.6%)	2 (40%)	
Pneumonia, n (%)	19 (70.4%)	47 (61%)	
Soft tissue infection, n (%)	6 (75%)	0 (0%)	
Volume of distribution, L	51.12 ± 7.92	45.82 ± 8.70	0.001
Half-life of vancomycin, hr	9.73 ± 6.19	11.63 ± 5.75	0.079
Optimal vancomycin dose, g	3.25 ± 1.64	2.09 ± 1.10	<0.001
CL_{van} , mL/min	74.25 ± 27.99	53.74 ± 23.91	<0.001
CRRT group (n = 46)	(n = 28)	(n = 13)	
Total vancomycin dose before TDM, g	3.42 ± 0.85	3.32 ± 1.94	0.824
Daily vancomycin dose, g/day	1.10 ± 0.25	0.89 ± 0.40	0.046
Daily vancomycin dose per weight, mg/kg/day	13.66 ± 2.65	14.71 ± 8.04	0.652
Trough level of vancomycin, mg/L	15.55 ± 4.17	12.38 ± 6.56	0.068
Volume of distribution, L	49.68 ± 7.92	45.24 ± 7.54	0.034
Half-life of vancomycin, hr	19.32 ± 5.13	19.35 ± 3.72	0.986
Optimal vancomycin dose, g	1.08 ± 0.31	1.03 ± 0.28	0.637
CL_{van} , mL/min	35.42 ± 11.03	30.96 ± 9.64	0.215
Intensity of CRRT ^a , mL/h/kg	26.72 ± 6.23	33.45 ± 7.68	0.005

^aIntensity of CRRT = (dialysate fluid flow + replacement fluid flow + ultrafiltration flow)/hour/weight of patient.

TICU, trauma intensive care unit; MICU, medical intensive care unit; TDM, therapeutic drug monitoring; CL_{van} , vancomycin clearance; CRRT, continuous renal replacement therapy.

regression, height and IBW values were excluded. In the multiple linear regression, the only factor associated with CL_{van} in the non-dialyzed group was serum Ccr ($R^2 = 0.559$, $P < 0.001$; coefficient = 0.156, $P = 0.017$) (Table 3).

In the case of patients undergoing CRRT, the CL_{van} rate was not significantly different between the two ICU groups. So, we investigated the factors associated with CL_{van} in all the ICU groups. The results of the Pearson's correlation analysis and variation inflation factor of the multiple linear regression showed that sex, height, underlying chronic kidney disease, serum total bilirubin and intensity of CRRT were associated with CL_{van} . However, in the multiple linear regression analysis, none of the factors was associated with CL_{van} ($R^2 = 0.436$, $P = 0.006$) (Table 3).

Table 3. Multiple linear regression of the factors associated with vancomycin clearance in non-dialyzed TICU patients and patients with CRRT in the TICU and MICU

Variable	Coefficients	P-value	VIF
Non-dialyzed TICU patients			
$R^2 = 0.559$, P-value <0.001			
Age	-0.003	0.991	2.237
BSA	17.406	0.352	1.746
Ccr	0.156	0.017	2.192
Furosemide use	-19.020	0.338	2.667
Mean daily dose of furosemide	-0.748	0.264	2.322
TICU and MICU patients with CRRT			
$R^2 = 0.436$, P-value = 0.006			
Sex	-0.591	0.899	2.244
Height	0.336	0.678	2.291
CKD	-7.420	0.227	1.256
Total bilirubin	0.083	0.658	1.248
Intensity of CRRT ^a	1.189	0.235	1.887

^aIntensity of CRRT = (dialysate fluid flow + replacement fluid flow + ultrafiltration flow)/hour/weight of patient.

TICU, trauma intensive care unit; CRRT, continuous renal replacement therapy; MICU, medical intensive care unit; VIF, variation inflation factor; BSA, body surface area; Ccr, creatinine clearance; CKD, chronic kidney disease.

DISCUSSION

In this study, multiple trauma patients in the TICU were compared to patients in the MICU for the identification of the factors associated with CL_{van} . The patients' factors that significantly differed between the TICU and MICU patients were age, height, actual body weight, IBW, overweight, BMI, BSA, therapeutic use of vancomycin (*vs.* empiric use), site of infection, serum Ccr, rate of ARC, serum total bilirubin, one-day fluid output per weight, use of vasoactive agents, use of mannitol, use of furosemide, and furosemide dose.

Multiple trauma patients develop immune system alterations through tissue damage, resulting in capillary leakage and peripheral fluid retention [1]. Such patients should undergo intensive fluid therapy for hemodynamic stabilization. These processes affect drug pharmacokinetics, augment renal drug elimination, increase the V_d , and decrease serum drug concentrations [8, 9, 16]. Weight gain occurs because of traumatic damage and massive fluid therapy, thus reflecting the degree of damage and treatment intensity. It is expected that drug clearance increases with weight gain.

In this study, the largest differences between the two ICU patient groups were observed in the weight indices. The patients in the TICU were heavier and taller and had a higher IBW and rate of overweight than those in the MICU. The overweight rate was found to be $12.98 \pm 24.8\%$ in patients in the TICU undergoing high-intensity therapy and with a high degree of tissue damage. The actual body weight of the MICU patients was lower than their IBW; this may be a result of the long-term strict management of pulmonary edema which required negative fluid balance.

Serum Ccr is measured using the Cockcroft-Gault equation, which includes serum creatinine, age, and actual body weight. The serum Ccr values in this study were markedly different between the TICU and MICU patients (143.52 ± 69.41 mL/min *vs.* 97.24 ± 63.69 mL/min; $P < 0.001$), the rate of ARC was higher in TICU patients than MICU patients (56.3% *vs.* 20.5% ; $P < 0.001$); however, the serum creatinine level did not differ (0.79 ± 0.69 mg/dL *vs.* 0.73 ± 0.41 mg/dL; $P = 0.492$). It is thought that ARC originate from age and the actual body weight of patients.

Table 2 shows the pharmacokinetics of vancomycin in the two groups according to the use of CRRT. The one-day vancomycin dose in the non-dialyzed group was not different between the two ICU group patients, and the actual body weight was higher in the TICU patients. As a result, the one-day vancomycin dose per weight is expected to be lower in TICU patients than MICU patients. The vancomycin dose was nearly 2 g/day in both ICUs, resulting from the consideration of IBW. Heavier TICU patients are administered a relatively lower dose, while the CL_{van} is higher in TICU patients; therefore, the serum vancomycin peak and trough levels are lower in TICU patients than MICU patients. The CL_{van} in the CRRT group was not different between the patients in the two ICUs. In the CRRT group, hemodiafiltration is the only method used for vancomycin elimination, so CL_{van} is not affected by other patients' variables. Thus, CL_{van} should not be considered in the determination of the vancomycin dose for patients in either ICU type.

Table 3 shows the results of the multiple linear regression, in which correlations were observed between patient factors and CL_{van} . In the non-dialyzed TICU group, the only factor showing a significant correlation was serum Ccr. The correlation between CL_{van} and serum Ccr, as observed in our study, has been confirmed by studies including non-severe trauma patients and neurosurgical ICU patients [17,18].

As mentioned above, serum CL_{van} includes patient age, actual body weight, and serum creatinine concentrations. In our study, these three factors did not affect CL_{van} individually, but they were correlated with CL_{van} when considered simultaneously. Actual body weight showed the largest number of differences of the aforementioned three factors between the TICU and MICU patients. Thus, the actual body weight of patients should be considered in the determination of vancomycin dose.

In studies about ARC, the ARC associated with younger age, male gender, trauma, lower critical illness severity scores [11]. In those studies, body weight was not so related with ARC. The reason is that there is no significant difference in weight from the control, thus weight indicators were not importantly analyzed [19-21]. In our study, the weight gain was important feature of TICU patients. Severe trauma patients required massive fluid therapy, thus patients with ARC should be taken care of weight.

Medellin-Garibay et al reported that the use of furosemide in trauma patients affects the pharmacokinetics of vancomycin, but our study showed no significant correlation with the use of furosemide [18]. That study, however, included all types of trauma patients. However, in our study, we included severe trauma patients, who were hospitalized in the TICU; therefore, the number of patients using furosemide was small ($n = 3$, 6.3%) as was the furosemide dose (1.17 ± 6.77 mg/day). Further studies need to be conducted to clarify this point.

CRRT use may affect drug clearance. Drugs with a high molecular weight, such as vancomycin, are influenced more by CRRT intensity than the CRRT method [22, 23]. In our study, many factors were analyzed for the determination of their association with CL_{van} in the CRRT group, but none of the factors showed correlations, including the CRRT intensity (Table 3). Previous studies differ from our study in that our participants included trauma patients. Patients in the TICU differ from those in the MICU based on the volume of fluid therapy and actual body weight, which affect drug pharmacokinetics; this may be the reason for the observed differences between our study and previous studies.

No difference in terms of CL_{van} in the CRRT group was observed between the patients in the two ICUs (Table 2), and there were no factors that affected CL_{van} in both sets of patients (Table 3). Therefore, vancomycin dosing can be performed using a fixed dose in patients undergoing CRRT.

This study has several limitations that should be mentioned. First, the clinical characteristics including age and ideal body weight were different between two groups, so the control group may not be appropriate. Second, the sample size was relatively small for the identification of differences between the two groups. Third, this study was conducted at a single referral center in Far East Asia, so the results may not be applicable to other regions. Fourth, the number of patients using furosemide was small. Furosemide is an important drug affecting drug clearance. In this study, the influence of furosemide could not be determined.

The actual body weight of TICU patients with multiple trauma easily changes compared to other patients in the ICU because of intensive fluid therapy administration. And actual body weight would be an important factor of ARC. Therefore, the vancomycin dose should be controlled in non-dialyzed TICU patients, depending on the actual body weight changes. Further, therapeutic vancomycin levels should be monitored for the maintenance of optimal therapeutic levels of vancomycin. In the case of dialyzed patients in both ICUs, vancomycin can be infused with fixed doses regardless of patients' characteristics.

ACKNOWLEDGMENT

We acknowledge the assistance of the pharmacists, nurses and medical staff of the Ajou University Hospital (Suwon, Korea) and their contributions to the present study.

REFERENCES

1. Kohl BA, Deutschman CS. The inflammatory response to surgery and trauma. *Curr Opin Crit Care* 2006;12:325-32.
[PUBMED](#) | [CROSSREF](#)
2. Sedlář M, Kvasnička J, Krška Z, Tománková T, Linhart A. Early and subacute inflammatory response and long-term survival after hip trauma and surgery. *Arch Gerontol Geriatr* 2015;60:431-6.
[PUBMED](#) | [CROSSREF](#)
3. Bunnell KL, Zullo AR, Collins C, Adams CA Jr. Methicillin-resistant *Staphylococcus aureus* pneumonia in critically ill trauma and burn patients: a retrospective cohort study. *Surg Infect (Larchmt)* 2017;18:196-201.
[PUBMED](#) | [CROSSREF](#)
4. Rybak MJ, Lomaestro BM, Rotschafer JC, Moellering RC, Craig WA, Billeter M, Dalovisio JR, Levine DP. Vancomycin therapeutic guidelines: a summary of consensus recommendations from the infectious diseases Society of America, the American Society of Health-System Pharmacists, and the Society of Infectious Diseases Pharmacists. *Clin Infect Dis* 2009;49:325-7.
[PUBMED](#) | [CROSSREF](#)
5. McKenzie C. Antibiotic dosing in critical illness. *J Antimicrob Chemother* 2011;66 Suppl 2:ii25-31.
[PUBMED](#) | [CROSSREF](#)
6. Rybak MJ. The pharmacokinetic and pharmacodynamic properties of vancomycin. *Clin Infect Dis* 2006;42 (Suppl 1):S35-9.
[PUBMED](#) | [CROSSREF](#)
7. Rybak M, Lomaestro B, Rotschafer JC, Moellering R Jr., Craig W, Billeter M, Dalovisio JR, Levine DP. Therapeutic monitoring of vancomycin in adult patients: a consensus review of the American Society of Health-System Pharmacists, the Infectious Diseases Society of America, and the Society of Infectious Diseases Pharmacists. *Am J Health Syst Pharm* 2009;66:82-98.
[PUBMED](#) | [CROSSREF](#)
8. Scaglione F, Paraboni L. Pharmacokinetics/pharmacodynamics of antibacterials in the intensive care unit: setting appropriate dosing regimens. *Int J Antimicrob Agents* 2008;32:294-301.
[PUBMED](#) | [CROSSREF](#)
9. Pea F, Porreca L, Baraldo M, Furlanut M. High vancomycin dosage regimens required by intensive care unit patients cotreated with drugs to improve haemodynamics following cardiac surgical procedures. *J Antimicrob Chemother* 2000;45:329-35.
[PUBMED](#) | [CROSSREF](#)
10. Cockcroft DW, Gault MH. Prediction of creatinine clearance from serum creatinine. *Nephron* 1976;16:31-41.
[PUBMED](#) | [CROSSREF](#)
11. Mahmoud SH, Shen C. Augmented renal clearance in critical illness: an important consideration in drug dosing. *Pharmaceutics* 2017;9:pii:E36.
[PUBMED](#) | [CROSSREF](#)
12. RENAL Replacement Therapy Study Investigators, Bellomo R, Cass A, Cole L, Finfer S, Gallagher M, Lo S, McArthur C, McGuinness S, Myburgh J, Norton R, Scheinkestel C, Su S. Intensity of continuous renal-replacement therapy in critically ill patients. *N Engl J Med* 2009;361:1627-38.
[PUBMED](#) | [CROSSREF](#)
13. Baker SP, O'Neill B, Haddon W Jr., Long WB. The injury severity score: a method for describing patients with multiple injuries and evaluating emergency care. *J Trauma* 1974;14:187-96.
[PUBMED](#) | [CROSSREF](#)
14. Metnitz PG, Moreno RP, Almeida E, Jordan B, Bauer P, Campos RA, Iapichino G, Edbrooke D, Capuzzo M, Le Gall JR Jr.. SAPS 3--From evaluation of the patient to evaluation of the intensive care unit. Part 1: Objectives, methods and cohort description. *Intensive Care Med* 2005;31:1336-44.
[PUBMED](#) | [CROSSREF](#)
15. Ghosh SK. Basics of Bayesian methods. *Methods Mol Biol* 2010;620:155-78.
[PUBMED](#) | [CROSSREF](#)

16. Udy AA, Roberts JA, Boots RJ, Paterson DL, Lipman J. Augmented renal clearance: implications for antibacterial dosing in the critically ill. *Clin Pharmacokinet* 2010;49:146.
[PUBMED](#) | [CROSSREF](#)
17. Lin Wu FL, Liu SS, Yang TY, Win MF, Lin SW, Huang CF, Wang KC, Shen LJ. A larger dose of vancomycin is required in adult neurosurgical intensive care unit patients due to augmented clearance. *Ther Drug Monit* 2015;37:609-18.
[PUBMED](#) | [CROSSREF](#)
18. Medellín-Garibay SE, Ortiz-Martín B, Rueda-Naharro A, García B, Romano-Moreno S, Barcia E. Pharmacokinetics of vancomycin and dosing recommendations for trauma patients. *J Antimicrob Chemother* 2016;71:471-9.
[PUBMED](#) | [CROSSREF](#)
19. Minville V, Asehnoune K, Ruiz S, Breden A, Georges B, Seguin T, Tack I, Jaafar A, Saivin S, Fourcade O, Samii K, Conil JM. Increased creatinine clearance in polytrauma patients with normal serum creatinine: a retrospective observational study. *Crit Care* 2011;15:R49.
[PUBMED](#) | [CROSSREF](#)
20. Campassi ML, Gonzalez MC, Masevicius FD, Vazquez AR, Moseinco M, Navarro NC, Prevgliano L, Rubatto NP, Benites MH, Estenssoro E, Dubin A. [Augmented renal clearance in critically ill patients: incidence, associated factors and effects on vancomycin treatment]. *Rev Bras Ter Intensiva* 2014;26:13-20.
[PUBMED](#) | [CROSSREF](#)
21. De Waele JJ, Dumoulin A, Janssen A, Hoste EA. Epidemiology of augmented renal clearance in mixed ICU patients. *Minerva Anesthesiol* 2015;81:1079-85.
[PUBMED](#)
22. Choi G, Gomersall CD, Tian Q, Joynt GM, Freebairn R, Lipman J. Principles of antibacterial dosing in continuous renal replacement therapy. *Crit Care Med* 2009;37:2268-82.
[PUBMED](#) | [CROSSREF](#)
23. DeI-dot ME, Lipman J, Tett SE. Vancomycin pharmacokinetics in critically ill patients receiving continuous venovenous haemodiafiltration. *Br J Clin Pharmacol* 2004;58:259-68.
[PUBMED](#) | [CROSSREF](#)